Slips and Falls

Slips and falls can be caused by wet floors, uneven carpets, ladders, etc. Filling out the chart below can help you think about how to prevent slips and falls.

In your workplace, what hazards might cause you to slip and fall? What solutions are already in place to protect you from a slip and fall? What other solutions are needed? What first steps can management and employees take to make that solution happen?

Hazard	Solutions in Place	Solutions Needed	First Steps
EXAMPLE: The floor is slippery when floor stripper is being used.	• Workers already wear non-skid shoes.	• A sign is needed that says *Wet Floor*. This will remind all workers and anyone else in the vicinity to use caution when floors are being stripped.	• Employer needs to buy a sign.

Discussion Questions for Management & Employees

1. What slip and fall hazards are you most concerned about? Why?

2. What can management and employees do to prevent slips and falls?
(Flip this page over for tips on preventing slips and falls. ➡)

Slips and Falls

Management Can Make the Workplace Safer

☐ Provide non-slip, stable floor mats in areas that can get wet.

☐ Check the workplace for rugs or mats that are loose or uneven.

☐ Keep walkways clear. Secure cables and electrical cords.

☐ Make sure the workplace is well lighted.

☐ Check that ladders are clean and in good condition.

Employees Can Follow Safe Work Practices

☐ Clean up spills immediately.

☐ Use warning signs to keep people off wet floors.

☐ Use caution when stripping and waxing floors.
Some chemicals make floors slippery.

☐ Always use a ladder or footstool to reach for objects.
Never use a box or cart.

☐ When using a ladder:

    ☐ Put the ladder on a stable, dry surface.

    ☐ Check that it is fully open and locked.

    ☐ Check that your shoes are clean and dry.

    ☐ Do not stand on the top two rungs of the ladder.
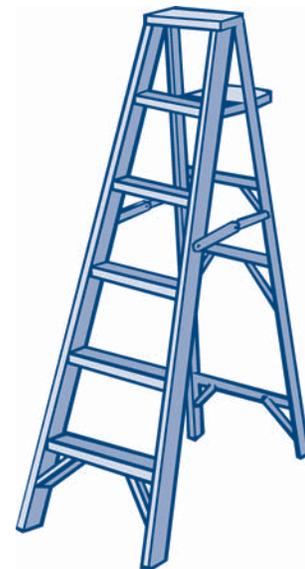
Employees Can Use Protective Clothing & Equipment

☐ Wear non-skid shoes with low heels.

☐ Lace and tightly tie your shoes.